

Northern District Cross Country Relay Championships, Muir of Ord -

Senior 4 x 2 1/2 miles:

1, Elgin AAC (C. Armstrong 1243, M. Wright 1255, D. Gunn 1304, A. Moffat 1254) 51.36.

2, Inverness H (J. Bowman 1229, G. Crawford 1257, S. Baird 1354, S. Gorland 1324) 52.44.

3, Lochaber AC (I. Smith 1248, M. Heron 1345, R. Forbes 1403, D. Rodgers 1411) 54.47.

4, Forres H 54.51; 5, Inverness H 'B' 58.15.

6, Inverness H 'C' 59.30.

Fastest Laps: 1, J. Bowman 1229; 2, C. Armstrong 1243; 3, I. Smith 1248.

Young Athletes 3 x 2 miles:

1, Inverness H (D. Hands 1100, S. Jarvie 1006, A. Chalmers (1) 1003) 31.09.

2, Inverness H 'B' 31.18; 3, Inverness H 'C' 31.52; 4, Orkney Islands AAA 32.47; 5, Inverness H 'D' 33.11; 6, Dingwall Academy 33.49.

Fastest laps:

Junior Boys: D. Sutherland (Inverness H 'B') 10.54.

Senior Boys: 1, S. Jarvie 10.06.

Youth: 1, A. Bone (Inverness H 'C') 9.47.

Girls/Ladies 3 x 1 1/2 miles:

1, Inverness H (R. Davidson 8.57, J. Rankine 8.42, S. Campbell 8.25) 26.04.

2, Inverness H 'B' 27.26; 3, Inverness H 'C' 27.45; 4, Caithness AAC 28.33; 5, Elgin AAC 28.42; 6, Black Isle AAC 29.25.

Fastest Laps:

Girl: R. Davidson 8.57.

Junior Lady: J. Rankine 8.42.

Senior: S. Campbell 8.25.